

# CONNECTOR

Keeping you connected

December 2008



## Your Complimentary Monthly Guide To The U.A.E.

Providing you with the latest news on events & activities,  
health & fitness, sports & leisure, fashion & beauty,  
home & garden, dining out, and lots more ...

See  
advert  
here



## The long and the short of it by Julie Powell

As we get ready for the festive season, classic hair styling techniques will be a key factor in preparing for the season's hottest 'must have' party looks.

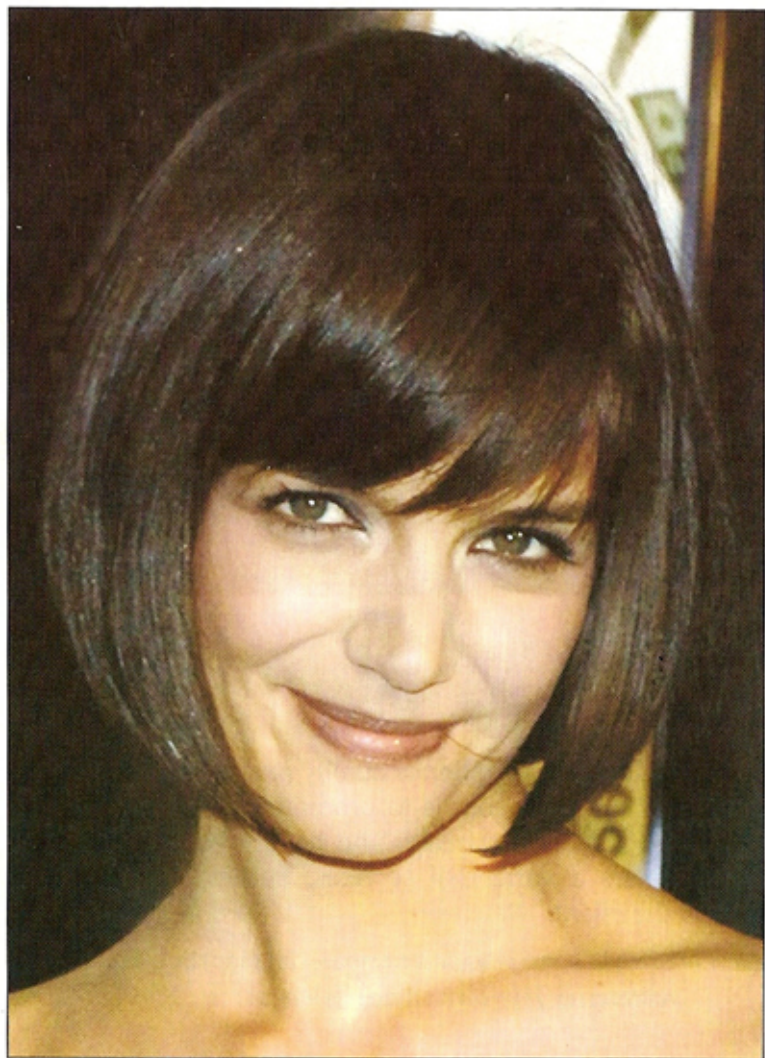
**F**inger waves, barrel curls and setting are all the essential techniques needed to give you the styles you saw on the catwalks in the autumn. Think of the sophisticated up do's, featuring low side

partings coupled with sleek chignons or the seventies glamour combined with soft bouncy waves to create an iconic vintage look. The key this Christmas and New Year is the 'bigger the better' - especially for those with

longer locks - so invest in a good hairspray.

When it comes to colour, 2009 will end the bold extremes we have seen recently. Colourful, chunky streaks are out - dimensional earth tones are in.

**Blondes** - An expensive look with a natural finish is created by weaving different shades of blonde, from sable, mink and vanilla through the hair. The new blonde is paired with lowlights. Tone on tone colouring, like blonde on blonde - to add smart sophistication to any shading. One exception to the natural trend could be a re-emergence of



the peroxide blonde. Kate Moss has lightened up her hair recently so look out for others to follow.

**Brunettes** - Harsh black, purple and stripy highlights are gone from the scene. The season colours for 2009 are all natural and true to life, only better, for the perfect tone on tone brunette, get subtle golden highlights painted on top of a light but warm brunette base. To add depth, a slightly darker colour at the roots and under layers will do the trick.

**Reds** - This season's most popular reds are warm shades that flicker depth and dimension on an intense base and golden highlights.

### Less is more

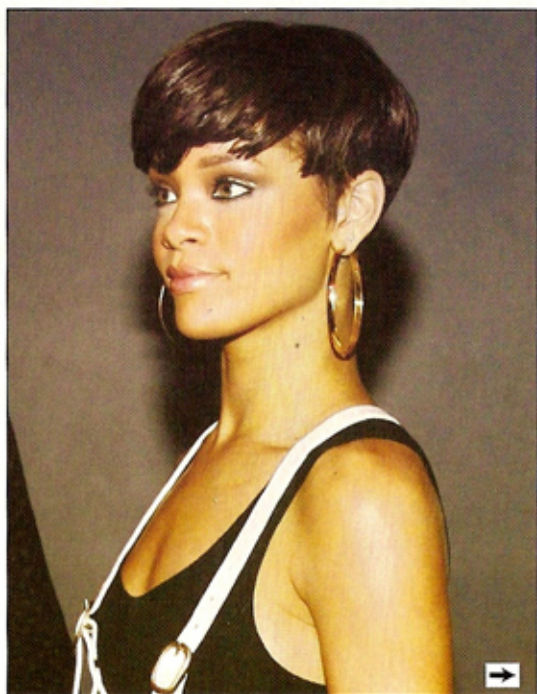
The end of 2008 saw one solidly, consistent trend - short hair. Celebrities seemed to be trying to outdo each other in the length stakes. The bob gave way to the cropped bob and then the pixie was trumped once and for all by Victoria Beckham's unbeatable cropped pixie. Everyone seemed to be joining in the scissor celebration, including Kate Moss, Kylie, Sarah Michelle Gellar, Sienna Miller, Kelly Osborne, Eva Longoria, Rihanna, and Katie Holmes to name just a few.

The cropped bob is extreme. It is short all over and with a heavily shortened blunt-cut fringe, it can only be worn by those who ooze confidence. Attention grabbing, often worn in dynamic shades including peroxide blonde - if you have already cut this look in 2008, the only place to go for a change in 2009 is down to your local hair extension salon.

Posh's pixie crop, for those fashionistas willing to follow, offers a bold look, far less subtle than the cropped bob. It is both young and funky, when done right. However, take care, this look needs some serious styling. A word of caution though - Katie Holmes' lack of products and styling left her looking suddenly middle aged. This very short trend looks set to continue through Spring 09, but the bob is still the hottest style around. Probably the very latest version of the 2-year bob

trend is being sported by American actress Mena Suvari. Very retro, and reminiscent of the 1920's flappers, graduated layers from the corner of the eye to the jaw line create a wonderful new look. Key for the New Year Bob is versatility. There will be plenty of options of how to wear it. Choppy, slick, flat, wavy - just mix it up. To retain the glamour of face framing layers, with the ease of caring for mid length hair, one of my favourite looks is seen with Gwyneth Paltrow's new textured bob. It can be worn slick, but looks at its best gently tousled and waved.

Bohemian is big in fashion and, as always, the perfect fashion accessory is your hair. Milkmaid braids are the first tip for a forthcoming trend style in the coming year. Sienna Miller first wore this look back in 2007, but more celebrities have jumped on the bandwagon. A great way to wear this look is small braids at the temple used to draw the hair away from the face, secured at the back of the head or nape of the neck. For a more structured look, opt for 1940's waves with side



partings as seen on the runways of Donna Karen and Anna Sui. For movie star inspiration check out Kate Beckinsale in Pearl Harbour. The great news this season is that your stressed tresses can finally take a break from the straightening irons.

### Regional Round up

●Roksha of Pastels at the Ritz Carlton tells us, "Short, chic and glossy. 2009 is all about effortless chic and easy to wear hair."



●"Soft blondes, rich reds and striking brunettes, 2009 is all about dimensional earth tones... colourful chunky streaks are out," says Melissa from Jet Set at the Grosvenor House.

●Maria from Great Lengths sees long, loose waves ahead in natural colour blends utilising three or even four shades of extensions. Left to dry naturally, this bohemian look will feature on designer runways in the spring, and translate onto the streets by summer. Think Elle Macpherson or Gisele Bunchen.

●Eddie Sanyer, Dubai's globetrotting Celeb Stylist just returned from New York where almost every woman displayed a beautiful red tone. "The whole spectrum of red is big fashion. By spring, look out for more natural shades, enhanced by new dimensional colouring techniques."

●Gold Salon's Gina recommends choosing a colour and style that suits your face shape and lifestyle, and as always, focus on keeping your hair in tiptop condition, because nothing is ever more fashionable than glossy, silky, healthy looking hair.

●Leanne from Hair at Pyramids predicts the new hair trend is all about matte texture and volume. "Shelve the straightening irons, hair will have loads more oomph, candyfloss bobs and big hair with its own awkward, natural beauty."

For a fabulous new look for your hair in 2009, check out any one of the great salons featured each month in Connector.